

		dl	dt	dc	dj	dv	db
07:00 - 07:55	SALA 1	BODYBALANCE					
08:00 - 08:45	SALA 1				MAT PILATES		
08:00 - 09:00	SALA 1	IOGA		IOGA			
09:15 - 10:10	SALA 1				BODYBALANCE		
09:30 - 10:15	SALA 1		LATINO SÈNIOR				
09:30 - 10:30	SALA 1	IOGA		IOGA			
09:45 - 10:45	SALA 1					IOGA	
10:30 - 11:30	SALA 1		IOGA		IOGA		
10:40 - 11:25	SALA 1	MAT PILATES					
15:15 - 16:00	SALA 1				MAT PILATES		
16:00 - 17:00	SALA 1		IOGA				
17:00 - 17:55	SALA 1				BODYBALANCE		
17:00 - 18:00	SALA 1	IOGA		IOGA			
18:00 - 19:00	SALA 1		IOGA		IOGA		
19:15 - 20:00	SALA 1		MAT PILATES				
19:15 - 20:10	SALA 1	BODYBALANCE					
20:00 - 20:45	SALA 1				MAT PILATES		
20:15 - 21:15	SALA 1	IOGA		IOGA			
21:00 - 22:00	SALA 1		IOGA		IOGA		